

**What if I have questions or want to participate?**

**Please call the ReDI Study Coordinator:  
Prag Sharma, BS**

**(410) 550-9478**



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## **Resiliency in Dialysis Initiation (ReDI) Research Study**

**Principal Investigator: Deidra Crews, MD, Sc.M.**

**ReDI Study Coordinator: Prag Sharma, BS  
For Further Information: (410) 550-9478**

**Study Number: NA\_00169499**

### What is the ReDI study?

The Resiliency in Dialysis Initiation (ReDI; pronounced “ready”) study is a medical research study sponsored by the National Institute of Health (NIH)/National Institute of Aging (NIA).

### What is the purpose of the ReDI study?

This research is being done to investigate why certain older adults who initiate hemodialysis do well and why some don’t.

### Who can join the study?

To be eligible for our research study, you must:

- **Have kidney function (eGFR)  $\geq 20$  ml/min/1.73 m<sup>2</sup>**
- **Be expected to start dialysis in the future**
- **Be age 55 years or over**
- **Be able to walk without human assistance (a walking aid is okay)**
- **Be English-speaking**

### What will be expected if I participate?

If you are interested in this study, we will ask you to come for study visits at the Clinical Research Unit (301 Building) at Johns Hopkins Bayview Medical Center. The study visits will include:

**Tests of physical function:** These will assess your balance, walking (with and without treadmill), chair stands, and grip strength.

**Tests of cognition:** These will include paper- and iPad-based tests.

### Blood Draws

**ACTH test:** You will receive an injection of ACTH, which is a naturally occurring hormone that your body makes. This test measures some elements of your body’s response to stress.

**Home tests:** These include wearing a watch-like activity monitor, a heart rate monitor, collecting saliva and urine samples.

### What else should I know?

The ReDI study results are used for research purposes only. Your identity is kept confidential at all times.

### Will I get the results of the tests?

Yes. We will send you (and your doctor, if you wish) results from your tests.

### If I agree, what will I do to prepare for the ReDI study?

There is little preparation needed. You do need to fast for the first visit of the study and we will provide you with breakfast and lunch.

### Where will the study take place?

The study will take place primarily at the Clinical Research Unit located at the Bayview campus of Johns Hopkins University conveniently located just off I-95 or I-895. There is ample parking available at the entrance of the unit.

### Compensation

If you complete the ReDI study:

- You will receive up to **\$325** for your time and effort.
- You will receive **free parking** if you drive yourself to Bayview Hospital. **Transportation costs will be covered** if you are unable to drive or obtain a ride to the study site.
- If you would prefer a car service, that will be arranged.